

Critical Incident Peer Support for Law Enforcement: A Foundational Course

This is a 2-day course with four modules, role-playing activities, video interviews, and scenario discussions. Funded by the Bureau of Justice Assistance, the objective of the Critical Incident Peer Support for Law Enforcement course is to train the officer to be able to offer support, or psychological first aid, to their fellow officers.

At the completion of this course, students should be able to:

- Distinguish between stress and critical incident stress.
- Identify the main principles of critical incident peer support.
- Explain the responsibilities of a critical incident peer supporter.
- Employ one-on-one intervention techniques following a critical incident.

Course Topics

- Stress (definition, symptoms, and manifestations)
- Critical Incident Stress
- Critical Incident Disorders/Diseases
- Critical Incident Peer Support (definition, goal, history, skills, and responsibilities)
- Intervention Strategies
- Coping Strategies
- Peer Support Program Issues
- Communication Skills
- Peer Support Intervention Models (ABC and SAFE-R)

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Instructors are provided through the Florida Regional Community Policing Institute, Center for Public Safety Innovation - St. Petersburg College.